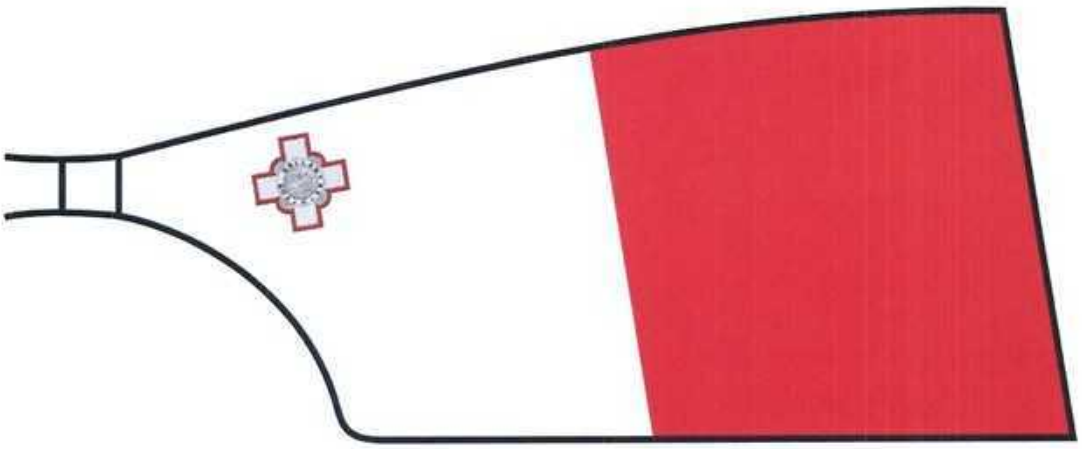
Malta Rowing Federation

(Malta Rowing)

STATUTE



Approved on 30th June 2025 together with a change in name from "Għaqda Regatta Nazzjonali u Qdif Ieħor " to "Malta Rowing Federation", in short "Malta Rowing". Amended on 19th June 2026.

Prof. Joseph-Noel Grima Delia
12076M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Article 1 – Name and Affiliations

1.1 The official legal name of the organisation shall be "**Malta Rowing Federation**" but the organisation may also use the shorted name "Malta Rowing" for trading, promotional and/or branding purposes. Moreover, the name "Malta Rowing Association" is reserved for possible future use but shall have no legal status unless adopted by amendment of this Statute. Henceforth, the term ***Malta Rowing*** shall be used within this statute to refer to ***Malta Rowing Federation.***

1.2 *Malta Rowing* is the national association/federation for the sport of rowing in the territory of the Republic of Malta and is responsible for all forms of rowing with the exception of traditional rowing as practised in the Maltese Traditional National Regattas of the 8th September and 31st March, the jurisdiction of which falls under a separate distinct entity "*Regatta Malta*".

1.3 *Malta Rowing* shall be a non-profit, non-governmental, and apolitical voluntary organization.

1.4 *Malta Rowing* shall have legal personality and shall be governed by the provisions of this statute and the relevant national laws of Malta.

1.5 *Malta Rowing* shall be enrolled with the Commissioner for Voluntary Organisations (OCVO), registered with the Authority for Integrity in Maltese Sport (AIMS) and affiliated with World Rowing, the international federation governing the sport of rowing worldwide, the Maltese Olympic Committee (MOC) and Malta Paralympic Committee.

1.6 *Malta Rowing* guarantees, through this statute, full autonomy and independence to *Regatta Malta,* which is the entity solely responsible for the sport of traditional rowing in Malta as practised in the Maltese Traditional National Regattas of the 8th September and 31st March. These two traditional rowing regattas, and regattas similar to them, are not sanctioned by *Malta Rowing* and fall under the responsibility of *Regatta Malta*. More specifically, this statute guarantees that *Malta Rowing* shall not interfere in any way with *Regatta Malta* and *vice-versa*.

1.7 The official logo and emblem of Malta Rowing Federation shall consist of the official Malta rowing blade approved by World Rowing for use by Maltese crews

Prof. Joseph-Noel Grima Delia
2075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

in international rowing competitions, reproduced on the front page of this Statute, where:

(i) The logo shall depict a rowing oar blade outlined in black and connected to a stylised oar shaft. The blade shall incorporate the national colours of Malta and shall be divided into two fields: (a) a white field occupying the inboard section of the blade nearest the shaft; and (b) a red field occupying the outboard section of the blade. The white field shall contain the George Cross, awarded to Malta in 1942, displayed in its official form and positioned centrally within the white field.

(ii) The official colours of the logo shall be: Red, corresponding to the national colour of Malta; White; Black for outlines and detailing; Such additional colours as may form part of the official representation of the George Cross.

(iii) The logo, name, insignia, and visual identity of Malta Rowing Federation may not be reproduced, altered, or used for commercial or promotional purposes without the prior written authorisation of the Executive Board.

(iv) The Executive Board may authorise monochrome, simplified, digital, embroidered, engraved, or commemorative versions of the logo, provided that such versions preserve the essential characteristics of the official design.

1.8 The administrative and financial year of *Malta Rowing* shall be 1st January to 31st December.

1.9 *Malta Rowing* is committed to the principles of good governance, transparency, accountability, integrity, equality, inclusion, safeguarding and safe sport. It shall actively promote and enforce measures to prevent doping, match-fixing, corruption, harassment, abuse, discrimination and any conduct that may undermine the integrity of sport. *Malta Rowing* shall adopt and maintain appropriate policies, reporting mechanisms and disciplinary procedures to support these commitments and shall require all members, officials, athletes and affiliated bodies to comply with such policies and applicable national and international regulations.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Article 2 – Registered Office

2.1 The registered office and official correspondence address of *Malta Rowing* shall be **181, Triq Melita, Valletta, VLT 1129, Malta.** All official communications, notices and correspondence addressed to *Malta Rowing* shall be sent to this address unless the Executive Board notifies members and relevant authorities of a change in the registered office in accordance with this Statute. 2.2 The Executive Board may change the location of the registered office subject to approval by the General Assembly.

Article 3 – Aims and Objectives

3.1 *Malta Rowing* shall have the following aims and objectives:

1. To promote, encourage, and develop the sport of rowing in all its disciplines across the Maltese Islands, including but not limited to coastal, indoor, and classic rowing (also sometimes referred to flatwater rowing), at both competitive and recreational levels.
2. To foster participation in rowing among all sectors of society, including youth, adults, and persons with disabilities, and to support the establishment and development of rowing clubs and associations.
3. To regulate and govern the sport of rowing in Malta, by establishing and enforcing rules, standards, and guidelines in accordance with national legislation and international rowing regulations.
4. To organise, manage, and sanction rowing competitions and events at the local, regional, and national levels, and to ensure the proper conduct and administration of such events.
5. To identify, train, and support athletes, coxswains, coaches, officials, and administrators, with the aim of improving standards and fostering excellence in rowing.
6. To represent the sport of rowing in Malta at international level, and to affiliate with international rowing bodies, including World Rowing (FISA).

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

7. To promote education and awareness related to rowing through the organisation of training courses, seminars, workshops, and outreach programmes in collaboration with educational institutions and relevant stakeholders.

8. To ensure accessibility and inclusivity within the sport, encouraging equal opportunities for participation regardless of gender, age, background, or physical ability.

9. To seek and manage financial and material resources through sponsorships, grants, and partnerships, in order to support the objectives and sustainable development of rowing in Malta.

10. To promote environmental responsibility within the sport of rowing, and to encourage practices that safeguard and preserve Malta's natural aquatic environments.

Article 4 –Membership

4.1 There shall be four categories of membership to *Malta Rowing*:

a) **Full Membership**
b) **Associate Membership**
c) **Affiliate Membership**
d) **Honorary members**

4.2 **Full membership** of *Malta Rowing* with full voting and participation rights may be granted to those *bona fide* rowing clubs based in Malta with a track record of promoting, practicing and participating in on-water Coastal and/or Classic rowing (Olympic and/or Paralympic style) rowing as defined in the World Rowing Rule Book. As on 30th June 2025, these two entities were "Full Members" of *Malta Rowing* and are considered as the founding members of *Malta Rowing*.

VO/1358	University of Malta Rowing Club
VO/2036	Siġġiewi Rowing Club

4.3 A Club wishing to apply for membership of *Malta Rowing* but is still in the starting phases of promoting, practicing and participating in on-water Coastal and/or

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Classic rowing (Olympic and/or Paralympic style) as defined in the World Rowing Rule Book, shall be considered as a prospective member and given advise on how to prepare itself to be able to apply for full membership. Such clubs may apply for, a normally be granted, a temporary **Associate Membership** of *Malta Rowing* without voting rights. Every application for membership shall be accompanied by a non-refundable application fee equal to twice the standard annual affiliation fee payable by Full Members for the relevant year. Clubs applying for full membership should first be an Associate Member for a period of not less than 18 months.

4.4 The category of **Affiliate Membership** is a special category of membership without voting and participation rights which is reserved for the non-Olympic/Paralympic national traditional rowing association, namely *Regatta Malta*. *Regatta Malta* is considered as independent and distinct from *Malta Rowing* and is exempted from all articles, rules, regulations, bye-laws, etc. contained in this statute and other documents of *Malta Rowing*.

4.5 **Honorary Membership** may be bestowed by the General Assembly upon organizations as well as individuals who actively contributed to the development of rowing in Malta or internationally over a sustained period of time. Honorary membership may be granted for a definite or indefinite period and is without voting and participation rights.

4.6 Unless otherwise exempted by this statute, members must:

(a) Abide by the statute, rules, regulations, bylaws and decisions of *Malta Rowing* and its higher bodies, namely World Rowing;
(b) Act with integrity and respect all times, particularly in meetings, events and regattas of *Malta Rowing*, World Rowing and entities affiliated with World Rowing.
(c) Pay any applicable membership fees and fines;
(d) Promote the values of rowing as a sport

4.7 Any member who initiates legal proceedings against Malta Rowing, its officials, or fellow members in relation to matters falling within the jurisdiction of *Malta Rowing* shall first exhaust all internal remedies and dispute resolution procedures provided under these Statutes and applicable regulations, unless immediate recourse to the courts is required by law. The initiation of legal proceedings shall not, of itself, result in suspension from membership. However,

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

where it shall be determined, following due process, that such proceedings are frivolous, vexatious, brought in bad faith, or intended to obstruct, circumvent, or undermine disciplinary, governance, or dispute resolution procedures of *Malta Rowing*, World Rowing, AIMS, or any other competent authority, disciplinary measures may be imposed in accordance with these Statutes, including suspension of membership rights and participation in *Malta Rowing* activities.

.

4.8 Membership may be terminated by:

(a) Voluntary resignation;

(b) Non-payment of dues for two consecutive years;

(c) Conduct contrary to the objectives of *Malta Rowing*, subject to a disciplinary procedure.

4.9 A Club shall cease to be a member if for a period exceeding 24 months it has not been in compliance with the regulations of *Malta Rowing* or its statute and has not taken any steps to regularise its position. In such case, unless the Statute of the 'Club' states otherwise, all the assets of the 'Club' may be administered by *Malta Rowing* until its position is regularised.

4.10 Full membership of *Malta Rowing* brings with it the following rights:

(a) The Right to Participate in National Championships and rowing events and regattas as a Club both in Malta and elsewhere.
(b) Register athletes with it as "rowers" who may participate in all events of *Malta Rowing* and as well as in international competitions which require participants to be registered as rowers with a National Federation;
(c) Be represented with the right to vote at the General Assembly of *Malta Rowing* when meeting in a General Meeting, whether Annual, and/or Extraordinary, and the Clubs' Council meetings.

4.11 Full membership of *Malta Rowing* brings with it the following obligations:

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(a) The Obligation to attend the General Assembly as well as meetings of the Clubs' Council.

(b) The obligation to act with integrity and respect in every meeting and event of *Malta Rowing*;

(c) The obligation to keep *Malta Rowing* informed of any changes in administration, official email / mailing address of the Club and/or its officials;

(d) To submit required information, registrations and other important documents to *Malta Rowing* within the stipulated deadlines and within a reasonable timeframe;

(e) To notify *Malta Rowing* of any important decisions taken by the Club that require notification to *Malta Rowing* (e.g. disciplinary actions imposed on rowers).

Payment of an annual affiliation fee (membership fee), where, for the period 1st July 2025 till 31st December 2026, the annual affiliation fee shall be set at **300EUR;** from 1st January 2027 onwards, the annual affiliation fee shall be determined by the Executive Board and communicated to all members no later than sixty (60) days before the end of the preceding financial year. Such fees shall be established on a fair and reasonable basis, and any increase in the affiliation fee for a given year shall not exceed twenty per cent (20%) of the affiliation fee applicable in the immediately preceding year. The annual affiliation fee shall be due in January of each year and must be paid in advance. Any Club which would not have paid its annual affiliation fee by the date of the Annual General Meeting of *Malta Rowing* that is normally held in the first months of the year, may not be allowed to participate in any *Malta Rowing* / World Rowing event. Should the affiliation fees remain unpaid by the following January, the 'Club' may lose all membership rights.

4.12 Associate membership of *Malta Rowing* brings with it the rights stated in Article 4.10(a) and 4.10(b) and the obligations stated in Article 4.11(b), 4.11(c), 4.11(d) and 4.11(e) as well as Article 4.11(f) with a reduced annual affiliation fee of eighty-five per cent (85%) of the standard annual affiliation fee payable by Full Members for the relevant year.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Article 5 – Rowers (Athletes)

5.1 ROWERS are those athletes, duly registered through a member club, who participate in rowing training and/or competition on behalf of member clubs.

5.2 The manner of registration, loan, release, rights and obligations of rowers are defined in the official document "Rules and Regulations Governing Rowers Registered with *Malta Rowing*", which document can only be changed in a meeting of the General Assembly with a minimum of 2/3 majority.

5.3 Any rower (*qaddief*) registration with Full Member Clubs of *Malta Rowing* that had been registered with *Għaqda Regatta Nazzjonali u Qdif leħor* on the day when this statute comes into force shall be considered as registered with *Malta Rowing* under the same terms and conditions of the original registration without the need to sign any new registration forms.

Article 6 – National Rowing Regattas, Championships and Competitions

6.1 *Malta Rowing* shall have the right to formulate rules of racing, organise and sanction national, regional or local rowing regattas (with the exception of traditional regattas with boats specified in the Customs Notice 741/75 published in the Malta Government Gazette on the 19th August 1975 pp. 2737-2738 that fall under the auspices of *Regatta Malta*), championships and competitions held in the Maltese territory. Such rules shall follow, as much as possible, the rules of racing of World Rowing.

6.2 Full member clubs of *Malta Rowing* in good standing who are not facing a suspension shall have the right to participate in all competitions, championships, regattas and activities organised by *Malta Rowing* which are open for member clubs. Such right shall normally also be extended to Associate Members unless there are safety concerns.

6.3 Rules of Racing shall be discussed and formulated by the appropriate bodies, with responsibility for drawing up amendments to the "Rules of Racing" lying primarily upon the Executive Board after receiving feedback from the Umpiring and Technical Commission, the Clubs' Council and/or the Athletes' Council. In exceptional circumstances, the Umpiring and Technical Commission may also assume this role. In cases when there are deviations from World Rowing rules of racing, these Rules of Racing for used in National competitions need to be

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

approved by the General Assembly in a meeting which should normally take place at least three months prior to a competition. In exceptional circumstances, as outlined in Article 13, should any amendments need urgent approval, then such amendments would only be binding for a period not exceeding three months.

6.5 Registrations, Loan and Release Forms together with the due payments, must normally be sent to the Registrar not later than 21 days before the date of a competition. Clubs that fail to do so risk having their Line-Up and/or race registrations not accepted.

6.6 Line-Ups and/or race registrations must reach the Registrar of *Malta Rowing* by the date specified in the Rules of Racing, normally one week prior to a competition.

Article 7 – The National Rowing Team

7.1 *Malta Rowing* shall have the exclusive authority to establish, regulate, and administer the National Rowing Team (hereinafter "the National Team") for the purpose of representing the nation in international rowing competitions sanctioned by competent international governing bodies, including but not limited to World Rowing (FISA), European Rowing Confederation, and the International Olympic Committee. This authority is being shared with the Malta Paralympic Committee in the case of para rowing national teams, including those which require a mix of able-bodied and para rowers. No athlete may self-declare to be part of a "national team" unless authorised to do so in writing by *Malta Rowing* (or the Malta Paralympic Committee in the case of para rowers).

7.2 *Malta Rowing* shall determine, by resolution of its Executive Board, the age categories, disciplines, and formats for which National Teams shall be constituted, including but not limited to master, senior, under-23, junior and coastal divisions. In the case of para-rowing, these shall be determined jointly with the Malta Paralympic Committee.

7.3 Selection Procedures

(a) *Malta Rowing* shall, on an annual basis or as otherwise required, promulgate formal guidelines governing the criteria and procedures for the selection of athletes to the National Team (hereinafter "Selection Regulations").

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(b) Such Selection Regulations shall include objective and/or subjective elements, including but not limited to:

(i) Performance in designated trials or competitions;

(ii) Compliance with fitness and medical standards;

(iii) Technical and tactical assessments conducted by duly appointed national coaches;

(iv) Observance of any additional eligibility requirements established by international bodies, *Malta Rowing*, the Maltese Olympic Committee and/or the Maltese Paralympic Committee.

(c) Only individuals who are registered rowers of a *Malta Rowing* club in good standing, hold Maltese nationality as recognized by the relevant international governing bodies, and are not subject to any suspension or disqualification, shall normally be eligible for selection.

(d) A rower needs the consent of the Club with which the rower is registered to be part of a "national team, which consent shall only be withheld or withdrawn in exceptional circumstances.

7.5 Rowers who are selected to the National Team shall be deemed to have accepted the following obligations:

(a) Full participation in training camps, preparatory events, and official competitions as directed by the *Malta Rowing* (or;

(b) Adherence to the Code of Conduct, anti-doping regulations, and any other rules or directives issued by *Malta Rowing* or relevant authorities;

(c) Use of official and approved uniforms and oars, both in training and competition, and representation of *Malta Rowing* and the State of Malta with dignity and respect;

(d) Submission to evaluations, medical testing, and performance monitoring.

7.6 Rowers shall be entitled to:

(a) Fair and non-discriminatory treatment throughout the selection and training process;

(b) Access to coaching, equipment, and facilities provided by or through *Malta Rowing*, subject to the financial, logistical and practical limitation and resources of *Malta Rowing*;

(c) Timely and written communication regarding selection status and

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

responsibilities;

(d) Appeal any adverse decisions in accordance with the *Malta Rowing*'s Disciplinary and Appeals Regulations.

7.7 Appointment and Duties of Technical Staff

(a) The Executive Board has the right to appoint, upon recommendation of the Technical Committee or equivalent body, national coaches, team managers, medical staff, and any other personnel necessary for the operation of the National Team.

(b) Appointees, renumerated or not, must possess the requisite qualifications and shall perform their duties in accordance with professional standards normally required by a National Federation.

7.8 Financial and Logistical Support

(a) *Malta Rowing* shall endeavor to allocate financial resources, subject to budgetary constraints, to cover the expenses associated with the National Team's activities, including travel, accommodation, equipment, and competition fees.

(b) Athletes may be required to contribute to expenses in accordance with policies set by the Executive Board. It is common practice in Malta to operate on a "reimbursement basis" in which case reimbursement normally cannot be made unless *Malta Rowing* receives funds from third parties (e.g. SportMalta).

(c) *Malta Rowing* shall make all reasonable efforts to secure external funding and sponsorships to support the activities of the National Team.

7.9 Disciplinary Matters and Termination

(a) Any breach of the obligations set forth in this Article, specific agreements reached with the rower or *Malta Rowing*'s rules more broadly, may result in disciplinary proceedings.

(b) *Malta Rowing* reserves the right to suspend or terminate an athlete's or staff member's participation in the National Team for reasons including, but not limited to:

(i) Misconduct or breach of the Code of Conduct;

(ii) Non-compliance with training or performance requirements;

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(iii) Medical unsuitability or loss of eligibility;
(iv) Withdrawal by the individual concerned.

7.10 Clubs are entitled to, and encouraged to, compete as "clubs" in international competitions which are open to Clubs. Athletes who compete in such competitions are required to do so using club gear, oars and colours and may not style themselves as being part of an official "national team" representing *Malta Rowing*. The same applies to national and international competitions where athletes may register as individual athletes (e.g. indoor rowing championships).

7.11 For indoor rowing competitions only, a special concession is being made for athletes registered as "regatta rowers" with *Regatta Malta* to be eligible to be selected for to form part of national Indoor Rowing team as "affiliates" provided that (i) they are given written consent to do so by *Regatta Malta* and/or their Regatta Club, and (ii) they sign a specific temporary registration form directly with *Malta Rowing* form which only relates to indoor rowing. This specific temporary registration shall normally be made in the months of October to December and have a maximum registration duration of fifteen months ending on the 31st December of the year following the signing of the specific temporary registration. The affiliation and uniform to be used in such competitions by "affiliates" will be determined on a case-by-case basis and will normally be that of their respective regatta club or *Regatta Malta*.

7.12 The Executive Board shall be responsible for overseeing of all matters pertaining to the National Team and may delegate specific duties to a Technical Committee, National Team Commission, or other appropriate body.

7.13 This Article, and any regulations adopted thereunder, shall be reviewed periodically and may be amended by resolution of the General Assembly in accordance with the procedures set forth in this Statute.

Article 8 – Organs of the Association and Governance

8.1 *Malta Rowing* shall have the following organs:

1. The General Assembly;
2. The Executive Board;

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

3. The Clubs' Council;
4. The Athletes' Council;
5. The Umpiring and Technical Commission;
6. The Disciplinary Board

8.2 *Malta Rowing* shall be governed and administered by an Executive Board composed of elected Officers, who act in accordance with the Statute and are accountable to the General Assembly.

8.3 The Executive Board shall normally be composed of the following Officers:

1. President
2. Vice-President
3. Secretary General
4. Treasurer
5. Registrar (also Assistant Secretary General)
6. Integrity Officer
7. Public Relations Officer

with a minimum of three officers (President, Secretary General and Treasurer).

Article 9 – The General Assembly and General Meetings

9.1 The General Assembly is the supreme governing body of *Malta Rowing*. It is composed of the full-member clubs who have voting rights.

9.2 The General Assembly shall:

(a) Elect and, where necessary, remove members of the Executive Board;
(b) Approve amendments to the Statute, Rules of Competition, and any regulatory framework of *Malta Rowing*;
(c) Approve the annual budget and audited financial statements;
(d) Decide on appeals and matters referred to it by the Executive Board or other organs;
(e) Confirm new member clubs;
(f) Ratify decisions of a strategic nature regarding competitions, organisation and/or development;

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(g) Dissolve, if so necessary, *Malta Rowing* in accordance with the relevant procedures.

9.3 The General Assembly shall meet at least once annually for its Annual General Meeting (AGM), which should normally be held in the first three months of each calendar year, and may be convened for Extraordinary General Meetings (EGMs) when:

(i) Requested by the Executive Board;

(ii) Requested in writing by at least 55% of full-member clubs;

(iii) Deemed necessary by the President and/or Secretary General of *Malta Rowing* in urgent or exceptional circumstances.

9.4 Important timelines applicable to a meeting of the General Assembly shall be as follows:

(a) In the case of an elective Annual General Meeting, the procedure and timeline for receiving of nominations shall be as outlined in Article 9.
(b) Notice of Meetings must be sent to all members at least 21 days in advance. The Notice must include the agenda, date, time and location of the meeting, Calls for Motions and Amendments to Statute, Rules and Regulations.
(c) Motions and proposed Amendments to Statute, Rules and Regulations must be received by the Executive of *Malta Rowing* at least 14 days prior to the General Assembly.
(d) All documents must normally be circulated to voting members at least 7 days prior to the General Assembly. No vote may be taken on any item or text that would not have been circulated to voting members at least 5 days prior to the General Assembly.

9.5 The Agenda for an AGM shall normally be as follows:

1. Appointment of Chairperson
2. Approval of Agenda
3. Reading and Approval of Minutes
4. Administrative Report
5. Financial Report
6. Motions

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

7. Amendments to the Statute, Rules and Regulations
8. Speech by the President
9. Election of the Officers (the Executive Board) *[every four years, on the year after the Olympic/Paralympic year]*
10. Appointment of members on the Umpiring and Technical Commission and the Disciplinary Board
11. Appointment of Auditors if necessary
12. Other Business

9.6 The quorum for a valid General Assembly is two-thirds (2/3) of all full-member clubs. If the quorum is not met, the meeting is adjourned and reconvened within 30 minutes. At the reconvened meeting, business may proceed regardless of the number of members present.

9.7 Each full-member club shall have one vote. Votes may not be transferred, but proxies may be allowed if duly notified.

9.8 Decisions of the General Assembly shall be taken by simple majority of the valid votes cast, unless a higher threshold is required (e.g., two-thirds for statute changes or dissolution).

9.9 The President or Secretary General of *Malta Rowing* shall normally chair General Assembly meetings. In their absence, the Vice-President may preside. Members may also choose to appoint another person to chair the meeting.

9.10 All debates and votes must be conducted respectfully. The chairperson may exclude individuals who disrupt proceedings after a formal warning.

9.11 Meeting minutes must be recorded by the Secretary General or an appointed recording secretary and circulated to all members within 15 working days for review and confirmation at the next Assembly.

9.12 Observers (non-voting) may attend the General Assembly unless specifically requested not to do so in advance by the Executive Board. Invitation to attend the General Assembly should normally be extended to representatives of government agencies, AIMS, World Rowing, Maltese Olympic Committee, Malta Paralympic Committee, sponsors, or partner organisations.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

9.13 The General Assembly has the power to delegate specific responsibilities to standing councils or commissions (e.g., the Athletes' Council, Umpiring Commission, etc.), but retains ultimate authority over all decisions.

9.14 All members of the General Assembly are bound by confidentiality regarding sensitive or internal matters discussed during closed sessions.

9.15 The General Assembly may, if it deems fit, appoint Patrons, Honorary Presidents and Honorary Members of *Malta Rowing*. These shall not have the automatic right to attend meetings.

Article 10 – The Election of the Executive Board and Officers of *Malta Rowing*

10.1 All Officers of the Executive Board shall be elected by the General Assembly in accordance with the procedures laid out in this Statute.

10.2 Elections shall be held every four (4) years during an Elective Annual General Assembly convened for this purpose. The General Assembly shall be notified of the date and procedure of the election at least sixty (60) days in advance.

10.3 Individuals nominated by Full-Member Clubs shall be eligible for election. Each Full-Member Club may nominate one candidate per post. Nominations must be submitted in writing to the Secretary General at least thirty (30) days before the election date.

10.4 The list of eligible candidates from this first round of nominations shall be circulated to all Full-Member Clubs at least twenty-one (21) days prior to the election, together with the Agenda for that AGM. In the event that no nominations are received for some positions of the Executive Board in the first round of nominations, a second call for nominations shall be made for posts for which no nominations were received. In this second call, nominations can also be made by individuals nominated to the Executive Board for other roles, or members of the current Executive Board.

10.5 Unless otherwise agreed at the AGM, each Officer shall be elected through a secret ballot vote by the eligible voting members of the General Assembly. A simple majority (50% +1) of valid votes cast shall be required for election.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

10.6 In the event that no candidate obtains a majority in the first round of voting, a second round shall be held between the two candidates who received the most votes.

10.7 Voting rights are restricted to Full-Member Clubs in good standing, in accordance with the voting procedures outlined in this Statute.

10.8 A candidate must be at least eighteen (18) years of age and must not have been convicted of any criminal offence .

10.9 An independent Electoral Commission appointed by the General Assembly shall oversee the electoral process to ensure transparency, fairness, and adherence to these rules. The Commission's decisions on the conduct and outcome of the election shall be final.

10.10 Any complaints or disputes related to the election must be submitted in writing to the Electoral Commission within seven (7) days of the election. The Electoral Commission shall issue a decision within fourteen (14) days.

10.11 Officers of the Executive Board shall be elected by the General Assembly for a term of four (4) years and may be re-elected.

10.12 Any Officer may be removed or suspended from office by a two-thirds majority of the General Assembly in the event of gross misconduct, undeclared conflict of interest, or repeated failure to perform duties.

10.13 Any vacancies occurring mid-term shall be filled by appointment of the Executive Board until the next General Assembly, which shall confirm or elect a replacement.

Article 11 – The Rights and Responsibilities of the Executive Board and Officers of *Malta Rowing*

11.1 The responsibilities of the Executive Board include:

(a) Ensuring the day-to-day running, management and strategic direction of *Malta Rowing*;

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(b) Implementing decisions made by the General Assembly;

(c) Approving competition programmes, schedules, and development plans;

(d) Managing financial and administrative affairs;

(e) Coordinating with affiliated clubs and other councils within *Malta Rowing*;

(f) Ensuring compliance with national sports laws and other legal obligations;

(g) Overseeing of all matters pertaining to the National Team;

(g) Enforcing disciplinary regulations and overseeing dispute resolution.

11.2 The President is responsible for the day-to-day management of *Malta Rowing*. In this responsibility he is assisted by the Vice-President and the other officers. The President is also responsible for ordering the calling and holding of Executive Board Meetings, presiding over them as well as presiding over the General Meetings that are held (unless a different Chairman has been appointed).

11.3 The Vice President is responsible for assisting the President in his work and presiding in his absence.

11.4 The Secretary General is co-responsible for the day-to-day management of *Malta Rowing* and has the equivalent role of "company secretary". The Secretary General is also responsible for noting and writing down important decisions taken in meetings of the Executive Board, keeping letters received, and a copy of correspondence sent. The original documents must be returned to *Malta Rowing* in the event that the Secretary General, for any reason, ceases to hold office.

11.5 The Treasurer shall be responsible for all financial matters of *Malta Rowing* including the bank accounts documents. The Treasurer is responsible to:

(a) Prepare and present the financial report for approval at the Annual General Meeting within the timelines stipulated the applicable laws governing Voluntary Organizations in Malta;

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(b) Ensure that these accounts are independently reviewed or audited in accordance with the applicable laws governing Voluntary Organizations in Malta;

(c) Ensure that the Financial Accounts are made available to all members and, following approval at Annual General Meeting, published on the website of *Malta Rowing*.

11.6 The Registrar of *Malta Rowing* is the person in charge of Club and rower registrations and to ensure compliancy with the provisions of the Data Protection Act where applicable. The original documents (or certified true copies of them) must be returned to *Malta Rowing* in the event that the Registrar of *Malta Rowing*, for any reason, no longer holds office.

11.7 The Public Relations Officer (PRO), in coordination with the Secretary General and the President shall be responsible for managing the Club's public image and communications, including social media, press relations, and community engagement. The PRO shall promote Club activities, events, and achievements, ensuring clear, consistent, and positive communication with members, stakeholders, and the wider public.

. Other Officers and Roles:

(a) The Executive Committee shall appoint the Club's Public Relations Officer, Integrity Officer, and Safeguarding Officer. Such appointments shall be co-terminous with the term of office of the Executive Committee and shall not extend beyond it. These Officers shall be persons of good standing and integrity, committed to the sport, inclusion, and good governance, and possessing the competence required for their responsibilities, which shall be defined as follows:

(i) The Public Relations Officer (PRO) shall be responsible for managing the Club's public image and communications, including social media, press relations, and community engagement. The PRO shall promote Club activities, events, and achievements, ensuring clear, consistent, and positive communication with members, stakeholders, and the wider public.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(ii) The Integrity Officer shall be responsible for overseeing the promotion of ethical conduct and principles of fairness and integrity within the Club, and for ensuring compliance with applicable rules, regulations, and codes of conduct. The Integrity Officer shall address concerns relating to fairness, conflicts of interest, and misconduct, and shall support a culture of transparency, accountability, and respect.

(iii) The Safeguarding Officer shall be responsible for the protection and wellbeing of all members, particularly children and vulnerable persons. The Safeguarding Officer shall act as a point of contact for safeguarding concerns and shall promote a safe, inclusive, and supportive environment in accordance with applicable national safeguarding standards.

11.8 The entire Executive Board shall bear the judicial and legal responsibility of *Malta Rowing*. Notwithstanding the foregoing, unless otherwise decided by the Executive Board, the President is authorised to act as the official representative of *Malta Rowing* in judicial and legal proceedings. Moreover, unless otherwise decided at a meeting of the Executive Board, the signatories and representatives of *Malta Rowing* shall be two from among the President, Secretary General and Treasurer for financial and administrative matters. However, in the event that any claim for damages is made or any lawsuit is filed against any *Malta Rowing* Officer either in his/her own name or in the name of the position he/she occupies within *Malta Rowing*, the responsibility for defending/performing/paying or otherwise enforcing the outcome of the claim or lawsuit, as well as any other related costs, including attorneys' fees, shall lie with *Malta Rowing*. This applies in the event that the claim for damages or lawsuit is related to an action or inaction taken by an Executive Board member approved by the Executive Board. All documents giving rise to significant contractual, financial, or legal obligations shall be subject to prior review and approval by the Executive Board.

11.11 The Treasurer may not keep more than 500 euros (€500) as "petty cash". The balance must be deposited in a bank account in the name of *Malta Rowing*. Bank signatories shall be any two of the President, Secretary General, Registrar,

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Treasurer and/or any other person/s as shall be determined by the General Assembly.

11.12 *Malta Rowing* shall not be liable for debts incurred by Officers on its behalf, unless they are authorised to do so by a decision of the General Assembly.

11.13 The Executive Board may establish internal sub-committees and advisory groups to assist in specific areas, such as youth development, technical standards, safety, or outreach.

11.14 Meetings of the Executive Board shall be held at least once every month and additionally as required. A quorum shall consist of a simple majority of its members.

11.15 Decisions shall be made by majority vote. In the event of a tie, the President shall have an original vote and a casting vote.

11.16 Minutes of Executive Board meetings shall be recorded and archived, and relevant decisions shall be communicated to member clubs and appropriate bodies in a timely manner.

11.17 All Officers shall act in the best interest of *Malta Rowing* and avoid any actual or perceived conflict of interest. Officers must recuse themselves from decisions where such conflict exists.

11.18 The Executive Committee shall prepare an Annual Administrative Report for each financial year, providing a summary of *Malta Rowing*'s activities, governance, achievements, and significant developments. The Report shall be presented to the Annual General Meeting and circulated to members together with the Annual Financial Statements prior to the Meeting. Following approval by the Annual General Meeting, the Report and Financial Statements shall be published on the Federation's official website within thirty (30) calendar days and remain accessible to members. Every member shall have the right to receive and inspect such documents, subject to any limitations required by law, confidentiality obligations, or data protection requirements.

Article 12 – The Clubs' Council

12.1 The Clubs' Council is a consultative official organ of *Malta Rowing* which shall bring together all member clubs. It plays a vital role in representing the member

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

clubs, ensuring good governance, and maintaining a balance of power between the executive and grassroots.

12.2 The primary roles of the Clubs' Council are:

(a) To act as a collective body representing all affiliated clubs within *Malta Rowing*, ensuring that the interests of clubs are heard at the higher levels of *Malta Rowing*;

(b) To make proposals to the Executive Board for regulatory or statutory changes, for example, proposing changes to the statute, rules of competition, disciplinary codes or financial policies of *Malta Rowing*;

(c) To carry out evaluations of past competitions and make recommendations to the Executive Board for changes in regulations or practices to improve the quality of competitions and make them fairer, provided that such proposed changes in regulation would not go against the spirt of World Rowing rules of racing;

(d) To provide strategic feedback and suggestions on development plans, grassroots initiatives, youth programs, and other issues/documents that are highlighted for discussion the Executive Board of *Malta Rowing* and/or its other bodies.

12.3 When proposals are sent in writing by the Clubs' Council to the Executive Board, these must be discussed by the Executive Board, and, within two months:

(a) Send the document, or a modified version of it, back to the Clubs' Council with feedback and/or suggestions for further improvement;

(b) Ask for further feedback on the document from other organs of *Malta Rowing*, such as the Athletes' Council or the Umpiring and Technical Council;

(c) Send the document, or a modified version of it, for voting at the next General Assembly meeting;

(d) In exceptional circumstances, inform the Clubs' Council that more time is needed to properly evaluate the document.

12.4 The Clubs' Council shall be composed of two representatives from each full-member club, normally the President and Secretary of the Club, or their

Prof. Joseph-Noel Grima Delia
2075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

delegates. The Clubs' Council may decide to increase this number to a maximum of four representatives per full-member Club.

12.5 The following may also be present as observers without the right to vote:

- One member from each Observer Member Club, normally the President or Secretary of the Club;
- The President, Secretary General and Treasurer of *Malta Rowing*, or their delegates, unless otherwise agreed by the Clubs' Council.

12.6 The Clubs' Council shall meet regularly, at least once every two months and as required, or at the written request of 55% of the Full-Member Clubs, or on the request of the Executive Board of *Malta Rowing*.

12.7 The Clubs' Council shall elect from amongst them a "Chairperson" and "Secretary" of the Club's Council who shall be referred to as the "Chairperson of the Clubs' Council" and the "Secretary of the Clubs' Council". If no election is held within three months, these roles may be temporarily assumed by the Executive Board's delegated officials, designated as "Acting Chair" and "Acting Secretary."

12.8 Every Clubs' Council meeting shall be presided over by the Chairperson of the Clubs' Council (or Acting Chairperson) and in his/her absence by the Secretary of the Clubs' Council (or Acting Secretary).

12.9 The Chairperson of the Clubs' Council is the person responsible for the order of every meeting and may suspend from the room those who in his/her opinion are not behaving properly.

12.10 Any member of the Clubs' Council has the right to challenge the ruling of the Chairperson of the Clubs' Council by giving notice of a motion to this effect, the motion to be discussed at the first sitting held.

12.11 The quorum for the Clubs' Council meetings is one more than half of the representation of the FULL MEMBER 'Clubs' present on the Council. If this number is not reached, the sitting shall be adjourned once more, where it may be held even with the members present after half an hour from the time notified.

12.12 All Clubs' Council meetings may not be recorded or transmitted in any way (e.g. telephone) to third parties without the authorisation of the members present.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

12.13 Every member of the Clubs' Council is bound not to disclose any confidential discussions held within the Council under penalty of suspension or dismissal from the Council.

12.14 When the Executive Board of *Malta Rowing* and/or its other bodies request suggestions and/or feedback on some specific document or issue, this feedback and/or suggestions must be provided by the Clubs' Council within two months. In exceptional circumstances, the Clubs' Council may request an extension of this two-month discussion/feedback period.

12.15 Decisions taken by the Clubs' Council will only be implementable once they have been approved by the General Assembly, normally after these would have been examined in detail by the Executive Board and other *Malta Rowing* bodies.

Article 14 – The Athletes' Council

13.1 The Athletes' Council is a consultative official organ of *Malta Rowing* to give a voice to rowers and to maintain a balance between the executive and the athlete base.

13.2 The primary roles of the Athletes' Council are:

- To act as a collective body representing all registered rowers, ensuring that their concerns, experiences, and interests are considered by *Malta Rowing*.
- To make suggestions to the Executive Board for regulatory or statutory changes that directly affect rowers, such as changes to athlete registration rules, anti-doping measures, disciplinary procedures, and athlete welfare policies.
- To evaluate past competitions from the rowers' perspective and make recommendations to improve fairness, safety, and competition standards.
- To provide feedback and suggestions on issues that have an effect on training and competitions, as well as other issues raised by *Malta Rowing* or its organs.

13.3 When proposals are sent in writing by the Athletes' Council to the Executive Board, the latter must, within two months:

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

- Provide feedback or a revised version of the proposal to the Athletes' Council with suggestions for further discussion;
- Refer the matter to other organs of *Malta Rowing* for further discussion and input;
- Submit the proposal, or a revised version, to the General Assembly for discussion or voting;
- In exceptional cases, notify the Athletes' Council that more time is required to properly assess the matter.

13.4 The Athletes' Council shall be composed of two representatives from each Full-Member Club who are currently registered rowers and over 16 years of age. The Athletes' Council may decide to increase this number to a maximum of four representatives per full-member Club.

13.5 The following may also be present as observers without the right to vote:

- One representative from each Associate Member Club, who meets the same eligibility criteria;
- A delegate from the Executive Board of *Malta Rowing*, unless otherwise agreed by the Athletes' Council.

13.6 The Athletes' Council shall meet at least once every three months, or more frequently if requested in writing by 55% of the athlete representatives or upon request by the Executive Board.

13.7 The Athletes' Council shall elect from among its members a Chairperson and a Secretary, who shall be referred to as the Chair of the Athletes' Council and the Secretary of the Athletes' Council. If no election is held within three months, these roles may be temporarily assumed by the Executive Board's delegated officials, designated as "Acting Chair" and "Acting Secretary."

13.8 All meetings of the Athletes' Council shall be presided over by the Chair (or Acting Chair), and in their absence, by the Secretary (or Acting Secretary).

13.9 The Chair of the Athletes' Council is responsible for maintaining order during meetings and may suspend individuals from the meeting room if their behaviour is deemed inappropriate.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

13.10 Any member of the Athletes' Council may challenge a ruling of the Chair by submitting a motion in writing. The motion shall be discussed at the next scheduled meeting.

13.11 The quorum for the Athletes' Council meetings shall be one more than half of the total athlete representatives. If this quorum is not met, the meeting shall be adjourned and reconvened 15 minutes later with those present, who shall then form a quorum.

13.12 Meetings of the Athletes' Council may not be recorded or transmitted (e.g. via phone or electronic means) without the explicit consent of all present members.

13.13 All members of the Athletes' Council must respect the confidentiality of the Council's discussions. Disclosure of confidential information may result in suspension or removal from the Council.

13.14 When the Executive Board or other bodies of *Malta Rowing* request input from the Athletes' Council on specific documents or policies, the Council must provide feedback within two months, unless an extension is formally requested and granted.

13.15 Recommendations or proposals from the Athletes' Council shall not be enforceable unless reviewed by the Executive Board and approved by the General Assembly, if required.

Article 14 – The Umpiring and Technical Commission

14.1 The Umpiring and Technical Commission is a consultative and advisory organ of *Malta Rowing* that brings together the Umpires, individuals with expertise in race officiating, safety, and technical standards. It plays a key role in upholding competition integrity, standardising rules, and ensuring fairness and safety across all competitions organised by *Malta Rowing*.

14.2 The primary roles and duties of the Umpiring and Technical Commission are:

- To advise the Executive Board on all matters relating to officiating, technical rules, safety regulations, and race procedures.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

- To review and recommend amendments to the rules of competition, regatta formats, umpiring protocols, equipment regulations, and any other technical documentation within the framework of the World Rowing rule-book.
- To evaluate the conduct and outcomes of each competition from a technical and officiating perspective, and propose improvements or reforms.
- To support the development of training programs and certification systems for umpires, starters, judges, and other technical officials.

14.3 When formal proposals or reports are submitted by the Umpiring and Technical Commission to the Executive Board, the Executive Board shall, within two months:

- Provide feedback and/or propose modifications for further review by the Commission;
- Refer the matter to other relevant organs such as the Clubs' Council or Athletes' Council for input;
- Submit the proposal, or a revised version, for approval by the General Assembly;
- In exceptional cases, notify the Commission that more time is required to properly assess the matter.

14.4 The Umpiring and Technical Commission shall be composed of:

- The Individuals Approved by *Malta Rowing* to act as Umpires;
- Additional technical experts co-opted by the Executive Board or the Commission itself, subject to ratification.

Members of this Commission shall declare immediately any possible or perceived conflicts of interest.

14.5 The Commission shall meet regularly, at least once every quarter, and may convene additional meetings upon request by the Executive Board or by 55% of its members.

14.6 The Commission shall elect a Chairperson and a Secretary from among its voting members. If the Commission fails to elect these positions within three months, the roles may be temporarily assigned by the Executive Board, under the titles Acting Chairperson and Acting Secretary.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

14.7 Meetings shall be presided over by the Chairperson (or Acting Chairperson), and in their absence by the Secretary (or Acting Secretary).

14.8 The Chair of the Umpiring and Technical Commission may convene an "open meeting" of the Umpiring and Technical Commission, in which case the following may be invited to attend as observers for the "open meeting" without voting rights, as the need may be:

- The members of the Executive Board;
- Two representatives of the Athletes' Council;
- One qualified technical representative nominated by each Full-Member Club;
- External consultants or invited experts, when technical input is required.

14.9 The Chairperson shall be responsible for maintaining order during meetings and may suspend participation of individuals whose behaviour disrupts proceedings.

14.10 Any member may challenge a ruling of the Chairperson by submitting a written motion. The motion shall be discussed at the following meeting.

14.11 The quorum for meetings shall be one more than half of the voting membership. If quorum is not reached, the meeting shall be postponed and reconvened 15 minutes later, at which point it may proceed with those present.

14.12 Meetings may not be recorded or transmitted in any way without the explicit approval of the members present.

14.13 All members of the Commission are required to maintain confidentiality regarding sensitive matters discussed during meetings. Breaches may result in suspension or dismissal from the Commission.

14.14 When the Executive Board or any other body of *Malta Rowing* requests feedback or technical input from the Commission, such input must be submitted within two months unless an extension is requested and granted.

14.15 Decisions or proposals by the Umpiring and Technical Commission are not binding unless reviewed/approved by the General Assembly.

14.16 In exceptional and urgent circumstances, decisions or proposals by the Umpiring and Technical Commission can become binding immediately for a period not exceeding three months through a simpler review and approval

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

process involving only the Executive Board. These changes cannot in any way go against the spirit of the World Rowing rule book.

14.17 In very exceptional and urgent circumstances, should the Executive Board not approve such decisions or proposals, the Umpiring and Technical Commission may take it upon itself to approve such decisions unilaterally. In such very exceptional circumstances, the members of the Umpiring and Technical Commission shall bear full responsibility for the decisions taken, which decisions shall only become binding for a period not exceeding three months.

Article 15 – The Disciplinary Board

15.1 The Board of Discipline shall be an independent body responsible for hearing and adjudicating on breaches of the Statute, rules of competition, and the code of conduct.

15.2 The Board of Discipline shall be composed of three (3) members and one (1) alternate, appointed by the General Assembly for a term of two (2) years, ensuring impartiality and expertise in regulatory and disciplinary matters.

15.3 The Board shall have the authority to: (a) Investigate alleged breaches upon referral by the Executive Board, Clubs, or Officials; (b) Hold hearings and gather relevant evidence; (c) Impose disciplinary sanctions such as warnings, suspensions, disqualifications, fines, or bans, depending on the gravity of the breach; (d) Recommend changes to rules and disciplinary procedures based on case outcomes.

15.4 Disciplinary proceedings shall respect principles of natural justice, including the right to a fair hearing, to be informed of charges, to present evidence and witnesses, and to be represented.

15.5 Decisions of the Board of Discipline shall be communicated in writing to the parties concerned and copied to the Executive Board.

15.6 Any party subject to a disciplinary decision shall have the right to appeal to the Board of Appeal. Appeals must be filed within a period of seven (7) days.

15.7 The Board of Appeal, appointed by the General Assembly for a term of two (2) years, by the shall be composed of three (3) independent members, none of whom shall have taken part in the original proceedings.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

15.8 The Board of Appeal shall review the procedure, evidence, and findings of the Board of Discipline and may: (a) Confirm the original decision; (b) Modify the sanctions; (c) Overturn the decision and acquit the appellant; (d) Refer the case back for re-hearing if due process was not followed.

15.9 The decision of the Board of Appeal shall be final within the framework of *Malta Rowing*, subject to any further recourse provided under national sports law.

15.10 No person may sit on both the Board of Discipline and the Board of Appeal concurrently.

15.11 In exceptional circumstances, the General Assembly may also appoint a different entity of good repute (for example, the Maltese Olympic Committee or the Malta Paralympic Committee) to be responsible to appoint the Board of Discipline and Board of Appeal and to carry out the functions defined in Article 15 of this statute.

15.12 The Board of Discipline and the Board of Appeal shall regulate their own procedures.

Article 16 – Integrity, Fair Play, Antidoping and Safeguarding Matters

16.1 *Malta Rowing* is committed to promoting the highest standards of integrity, fairness, and clean sport across all levels of participation and competition. It will abide with and cooperate fully with the Authority for Integrity in Maltese Sport (AIMS), the national entity entrusted through national legislation to ensure the upholding and advancing of the principles of integrity, fairness, honesty, and respect in sports.

16.2 All athletes, coaches, officials, and club representatives are expected to uphold the principles of fair play, respect, and non-discrimination, and to refrain from any behaviour that may bring the sport into disrepute.

16.3 *Malta Rowing* recognises education, training and professional development as essential components of good governance, athlete welfare, integrity and sporting excellence.

The Executive Board shall be responsible for establishing, maintaining and overseeing an Education Framework and may delegate specific responsibilities

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

to the Integrity Officer, Safeguarding Officer, Umpiring and Technical Commission, Athletes' Council or other bodies established under this Statute.

In furtherance of these objectives, Malta Rowing:

(a) shall promote and facilitate education, training and professional development programmes for athletes, coaches, officials, administrators, volunteers and affiliated clubs;

(b) shall establish and maintain an Education Framework which shall include, but not be limited to:

- Anti-Doping Education;
- Integrity and Ethics Education;
- Safeguarding and Child Protection Education;
- Anti-Corruption and Anti-Match-Fixing Education;
- Good Governance and Compliance Training;
- Technical and Umpiring Education;
- Coaching Education;
- Athlete Welfare and Mental Health Awareness;
- Health and Safety Training;
- Safety at sea and navigation;
- Environmental Sustainability;
- Responsible Sporting Practices.

(c) may require designated categories of persons to successfully complete specific education or training programmes as a condition of appointment, accreditation, registration, selection or participation. Such requirements may apply to coaches and assistant coaches, technical officials and umpires, safeguarding and integrity officers, national team staff, athletes selected for national teams, club administrators and officials, and any other category of participant designated by the Executive Board;

(d) may establish continuing professional development requirements for coaches, technical officials, safeguarding officers, integrity officers and

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

other accredited personnel to ensure that qualifications remain current and relevant;

(e) shall seek to cooperate with the University of Malta, MCAST, World Rowing and organisations affiliated with World Rowing, the Authority for Integrity in Maltese Sport (AIMS), SportMalta, the Maltese Olympic Committee, the Malta Paralympic Committee, national and international educational institutions, and other relevant organisations in the development and delivery of education and training programmes;

(f) shall recognise, subject to verification where appropriate, qualifications, licences and certifications issued by:

- the University of Malta;
- MCAST;
- World Rowing;
- organisations affiliated with World Rowing;
- the Maltese Olympic Committee;
- the Malta Paralympic Committee;
- SportMalta;
- the Authority for Integrity in Maltese Sport (AIMS);
- the National Anti-Doping Organisation Malta (NADO Malta);

provided that such qualifications remain valid and applicable to the role concerned;

(g) may recognise qualifications, licences and certifications issued by other educational institutions, sporting bodies or professional organisations following such verification, assessment and due diligence procedures as may be established by the Executive Board.

16.4 All registered rowers are subject to anti-doping regulations as outlined by the National Anti-Doping Organisation (NADO). The names of athletes and para athletes on the national team will be communicated to NADO with a request that these would be monitored as elite athletes.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

16.5 Any individual found to have violated anti-doping regulations shall be subject to disciplinary proceedings by the National Anti-Doping Organisation (NADO) with full respect to the rights of the accused and applicable national procedures. It is clarified that in competitions of *Malta Rowing*, should a single member of a crew be found guilty of an antidoping infringement, the sanction relating to forfeiting of medals and/or points for that specific competition will be applicable to all members of the crew.

16.6 *Malta Rowing* shall cooperate fully with anti-doping investigations and ensure that testing procedures may be conducted during training and competition, in line with national and international standards.

16.7 The General Assembly shall elect an Integrity Officer or equivalent to oversee compliance with integrity, fair play, and anti-doping policies, and to serve as a point of contact for reports or concerns. More specifically:

(a) The Integrity Officer shall be a member of the Executive Board and elected in accordance with the election procedures established by this Statute.

(b) The Integrity Officer shall serve for the same term as the Executive Board and shall be eligible for re-election.

(c) A person shall be eligible for election as Integrity Officer if he or she:

(i) Is at least eighteen (18) years of age;

(ii) Is of good standing and reputation;

(iii) Has not been convicted of a criminal offence involving fraud, corruption, violence, abuse, safeguarding breaches, financial misconduct, doping offences, or any offence which may reasonably bring Malta Rowing into disrepute;

(iv) Is not currently serving a suspension imposed by Malta Rowing, World Rowing, AIMS, the Malta Olympic Committee, the Malta Paralympic Committee, NADO Malta, or any recognised sporting body;

(v) Possesses suitable knowledge, experience, or training in governance, ethics, integrity, safeguarding, compliance, law, sport administration, risk management, or a related field.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(d) The Integrity Officer shall act independently and impartially in the performance of his or her functions and shall place the interests of good governance, integrity, athlete welfare, and fair sport above any club, personal, or organisational interest.

(e) The Integrity Officer shall be responsible for:

i. monitoring compliance with integrity, ethics, safeguarding, anti-doping, anti-corruption, anti-match-fixing, and conflict-of-interest policies;

ii. receiving and recording complaints or concerns relating to integrity matters;

iii. referring complaints, where appropriate, to the competent disciplinary, safeguarding, anti-doping, law enforcement, or regulatory authorities;

iv. maintaining a register of declared conflicts of interest;

v. advising the Executive Board on governance and integrity matters;

vi. promoting awareness and education relating to integrity, safeguarding, ethics, and good governance;

vii. monitoring implementation of recommendations issued by AIMS, World Rowing, the Maltese Olympic Committee, the Malta Paralympic Committee, NADO Malta, and other competent authorities.

(f) The Integrity Officer may request information and assistance from any organ, officer, committee, official, club, or member of Malta Rowing insofar as reasonably necessary to perform his or her duties.

(g) The Integrity Officer may not participate in the investigation, consideration, or determination of any matter in which he or she has an actual or perceived conflict of interest.

(h) The Integrity Officer may be removed from office before the expiration of his or her term by a two-thirds (2/3) majority of the General Assembly for gross misconduct, incapacity, serious breach of duty, loss of eligibility, or failure to perform the functions of the office.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

16.8 Match-fixing, bribery, illegal betting, and any attempt to unduly influence the outcome of a competition or related activity are strictly prohibited and shall constitute a serious breach of this Statute.

16.9 All affiliated individuals must refrain from offering, soliciting, or accepting bribes or other improper advantages in relation to their sporting activities.

16.10 *Malta Rowing* shall promote a safe and inclusive sporting environment for all participants. Any form of harassment, abuse, or exploitation shall be dealt promptly, severely, fairly and transparently. *Malta Rowing* shall also align its policies and practices with the standards and guidelines established by World Rowing and the competent national entities. In particular, no club or individual shall be subjected to abuse, harassment, or discrimination in any form and the welfare of children and vulnerable persons shall at all times be *Malta Rowing*'s primary consideration. More specifically:

(a) *Malta Rowing* shall place athlete welfare, ethical conduct, and the principles of clean sport at the core of all its activities and requires all its Club members to share responsibility for upholding safeguarding standards.

(b) *Malta Rowing* shall take all reasonable steps to prevent and address all forms of abuse, including but not limited to physical, emotional, and sexual abuse, and neglect. It shall also endeavour to ensure that all *Malta Rowing* and Club coaches, volunteers, and officials are informed of and comply with safeguarding obligations.

(c) *Malta Rowing* shall foster a culture in which individuals are encouraged to raise concerns without fear of retaliation or adverse consequences. Any safeguarding concern shall be reported without delay and all reports shall be handled promptly, confidentially, and in accordance with the guidelines issued by competent entities and applicable Maltese legislation.

(d) *Malta Rowing* shall appoint a Safeguarding Officer to monitor and respond to safeguarding concerns; ensure training and awareness on child protection and vulnerable persons and coordinate with relevant national safeguarding bodies. This person is also designated to serve as a point of

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

contact for reports or concerns related to safeguarding issues. In the absence of the Safeguarding Officer, reports can be made to any member of the Executive Board or directly to Authority for Maltese Sport through its official website. The qualification requirements, eligibility criteria, appointment procedures, term of office, removal procedures, duties, powers, reporting obligations, conflict-of-interest requirements and standards of independence applicable to the Safeguarding Officer shall be identical to those applicable to the Integrity Officer under this Statute, *mutatis mutandis*.

(e) Any breach of safeguarding obligations shall be subject to appropriate disciplinary procedures and, where necessary, shall be reported to Authority for Maltese Sport and/or the police.

16.11 Clubs are required to appoint a Safeguarding Officer to (a) Monitor and respond to safeguarding concerns; (b) Ensure training and awareness on child protection and vulnerable persons; (c) Coordinate with relevant national safeguarding bodies.

16.12 Any individual who witnesses or is aware of violations under this article is required to report them directly to the competent national authorities and filing a police report if applicable. Copies of such reports are to be sent *Malta Rowing*. Whistleblowers shall be protected from retaliation.

16.13 Any individual or Club found guilty of attempting to influence the result of a competition through dishonest or corrupt means shall be subject to immediate suspension and referred to the Board of Discipline.

Article 17 – Resolution of Disputes

17.1 Any dispute, controversy, or claim arising out of or in connection with registration, participation in competitions, training arrangements, disciplinary matters, or any other matter relating to the relationship between rowers, clubs, *Malta Rowing* and/or other affiliated entities or individuals shall be resolved exclusively through arbitration in accordance with the following terms:

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(a) Any such dispute shall ideally be resolved in an amicable manner, and, if this is not possible, it should be submitted to final and binding arbitration, to the exclusion of the ordinary courts, in accordance with the provisions of the Arbitration Act (Chapter 387 of the Laws of Malta).

(b) The arbitral tribunal shall be composed of one arbitrator, appointed by mutual agreement of the parties. Failing such agreement within fifteen (15) days of notice of arbitration, the arbitrator shall be appointed by the Malta Arbitration Centre.

(c) The seat of arbitration shall be Malta, and the arbitration shall be conducted in the English language, unless otherwise agreed by the parties.

(d) The arbitration shall be governed by Maltese law, including applicable sports regulations as well as he statute or rules of *Malta Rowing* and *World Rowing*.

(e) The arbitration proceedings shall be confidential, and the decision normally only be disclosed to the parties and *Malta Rowing* unless disclosure is required by law or for enforcement purposes. Parties may agree to have the decision published on the website of *Malta Rowing*.

(f) The decision of the arbitral tribunal shall be final and binding on all parties, and may be enforced in accordance with the Arbitration Act.

Article 18 – Dissolution of *Malta Rowing*

18.1 *Malta Rowing* may be dissolved only by a resolution passed by an Extraordinary General Assembly convened specifically for this purpose.

18.2 The resolution for dissolution must be approved by at least two-thirds (2/3) of the full member clubs present and voting at the Extraordinary General Assembly.

18.3 The notice convening the Extraordinary General Assembly shall include a detailed agenda and the full proposal for dissolution, and must be sent to all full member clubs at least thirty (30) days in advance.

18.4 In the event of dissolution, the Executive Board shall appoint a Liquidation Committee composed of at least three (3) persons to oversee the proper

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

winding-up of *Malta Rowing*'s affairs, including the settlement of outstanding debts and liabilities.

18.5 Any remaining assets, after the satisfaction of all obligations, shall be transferred to another non-profit organisation with similar objectives to *Malta Rowing*, as determined by the General Assembly. The assets may also be distributed among members who are registered as Voluntary Organisation with the Office for the Commissioner of Voluntary Organisations in a fair and equitable manner.

18.6 A full report of the liquidation process and the final allocation of assets shall be submitted to the Commissioner for Voluntary Organisations and other relevant authorities as required by law.

Article 19 – Ancillary Matters

19.1 The Annexed Document "Rules and Regulations Governing Rowers Registered with *Malta Rowing*" is to be considered as an integral part of this statute. This document may only be amended by the General Assembly when meeting in a General Meeting (Annual or Extraordinary) if the amendments are approved by two-thirds of the members entitled to vote.

19.2 *Malta Rowing* shall maintain an official website and social media pages whose address shall be announced. This site shall be considered the official noticeboard of *Malta Rowing*. The content of the official *Malta Rowing* website must be approved by the Executive Board, or, in case of urgency, by the President or Secretary General. Official correspondence with the Executive Board shall be made by e-mail to *Malta Rowing* 's email address/es which email address/es shall be published on the *Malta Rowing* official website. Official correspondence with the Executive Board may also be made by registered letter addressed to the *Malta Rowing* Secretary on behalf of *Malta Rowing*. Moreover,

(a) *Malta Rowing* may communicate collectively with its members or with the public through the website or other electronic means including Facebook or other social media sites.

(b) Member clubs and athletes are expected to regularly check the official *Malta Rowing* website and to regulate themselves accordingly.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(c) No individual or member Club may speak on behalf of *Malta Rowing* without the consent of the Executive Board, or in case of urgency, without the consent of the President, Secretary General or their delegate.

(d) No member Club or athlete may post material on any electronic site that may bring *Malta Rowing*, its member Clubs or the sport into disrepute.

(e) No material unrelated to *Malta Rowing*'s objectives or any unauthorised advertising shall be posted on the *Malta Rowing* sites.

(f) The electronic addresses associated with *Malta Rowing* are not the personal property of the Officers but of *Malta Rowing* and therefore, any abuse may be penalised.

(g) The Executive Board has the right to appoint a Graphic Designer for a defined period of time or for a specific task in order for *Malta Rowing* to keep itself updated with developments in social media as well as to create its advertising and any other work as required. Any work produced for *Malta Rowing* shall be the property of *Malta Rowing* and must be approved by the Executive Board.

(h) The name of the entity, logo, and any other brand identity elements are the exclusive property of *Malta Rowing* and may only be used by member clubs and athletes for personal, non-commercial purposes directly related to official *Malta Rowing* and/or Club activities or participation in events, and only with prior written authorisation from the Executive Committee. Any unauthorised use, reproduction, or modification of the Club's brand identity is strictly prohibited.

(i) All communication with journalists, newspapers and other means of communication such as television and radio shall be made through the person in charge of public relations (PRO) or his delegate, or through the President, Secretary General or their delegate.

19.3 This Statute, and every singular article therein, shall be read and interpreted as a whole. No individual provision, article, clause, or sentence shall be construed in isolation, and no part shall be interpreted in a manner that contradicts or undermines the overall purpose, intent, or other provisions of this Statute. Any interpretation must take into account the full context of the entire document

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

and its articles. It may be translated in Maltese or other languages, but in the event of any language discrepancy, the original document in the English language shall prevail.

We, the Executive Committee and whose names are being listed hereunder in this statute approve this version of the statute and thus, give our consent to the President; the Secretary General and the Treasurer to sign the statute on our behalf.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Dr Tonio Agius
0712262M
Vice-President

Dr Marilyn Casha
0343172M
Registrar

Perit Eman Pisani
240097M
PRO

Mr Nathan John Portelli
0250603L
Integrity Officer

19th June 2026

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Annex 1 - Rules and Regulations Governing Rowers Registered with *Malta Rowing*

This document may only be amended by the General Assembly when meeting in a General Meeting (Annual or Extraordinary) if the amendments are approved by two-thirds of the members entitled to vote.

Article A1.1 – Definitions and General Provisions

A1.1.1 A *Rower* is defined as the athlete duly registered with *Malta Rowing* through one of its member clubs (referred to as the *Rower*'s home club) who participates in rowing training and/or competitions in rowing, both on-water and indoor.

A1.1.2 This document may only be amended by the General Assembly when meeting in a General Meeting (Annual, Ordinary, or Extraordinary).

Article A1.2 – Manner of Registration

A1.2.1 *Rower* registrations must be made through a Club affiliated with *Malta Rowing*. No registration can be made by an individual as a *Rower* unless this is done through a member club of *Malta Rowing*.

A1.2.2 There shall be an official registration form for all *Rowers*. Each form must be completely filled out and accompanied by a passport-sized colour photograph.

A1.2.3 When a person registers as a *Rower*, including those with the consent of their parents and/or guardians in the case of a person under 18 years of age, in addition to agreeing to register with the 'Club' for the stipulated period, the following must also be agreed:

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

(a) The information in the registration form is correct, and the *Rower* undertakes to inform *Malta Rowing* when there are any changes to this information.

(b) The *Rower* undertakes to always act with integrity and uphold the principles of fair play, honesty, and respect in all rowing activities, specifically by (i) competing cleanly and ethically, without the use of prohibited substances or methods; (ii) rejecting any form of cheating, match-fixing, or manipulation of results, (iii) respecting fellow athletes, officials, and the spirit of the sport, and (iv) reporting any known or suspected breaches of integrity to the appropriate authority.

(c) The *Rower* will abide by all the regulations of the Club with which registering is being made and those of *Malta Rowing and World Rowing* including the code of discipline as well as any national regulations issued by the competent entities such as AIMS or SportMalta. These entities reserve the right to change their regulations over the years as and when they deem it best.

(c) The *Rower* is willing to submit to antidoping tests if/when requested and is aware of the anti-doping regulations as set out in the National Legislation and *World Rowing*.

(d) The *Rower* undertakes to be aware of, and to abide by, all laws and regulations relating to sea and/or the use of boats in the harbour and open water that they will comply with the instructions given to them by Transport Malta, the police, the army and other competent entities. The *Rower* is aware that any violation of these regulations and laws on their part may lead to fines, which fines must be paid by the *Rower*, and/or prison sentences.

(e) The *Rower* consents to *Malta Rowing* for storing, processing and using the information submitted in the registration form and passing it on to other entities as necessary, always as permitted by the Data Protection Act (Cap. 440 of the Laws of Malta). They also consent to photos and videos being taken which may be used, stored, processed and/or given to third parties for used in publications, social and other forms of media, etc.

(f) The *Rower* declares to be in a good state of health as normally required by a competitive athlete and able to undertake intense physical exercise.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

The *Rower* further declares to not suffer from any health problems or impairments that could pose a danger to themselves or their teammates during training or competition and agrees to undergo health screening and/or performance testing if so required by their Club, *Malta Rowing* and/or World Rowing.

(g) The *Rower* fully exonerates their Club, *Malta Rowing* as well as the committee members, administrators, directors, members and/or employees of their Club and/or *Malta Rowing* from any material, physical, moral, or other damages that the Rower, their family and/or dependents may suffer.

(h) The *Rower* agrees to make good any damages suffered by their Club, *Malta Rowing* as well as the committee members, administrators, directors, members and/or employees of their Club and/or *Malta Rowing* in the event that damages are caused by the *Rower*'s negligence or wrongful act, including but not limited to irresponsible behaviour during competition or training.

A1.2.4 The registration of a rower must normally be received by the Registrar of *Malta Rowing* within ten working days and be accompanied by a medical certificate with a maximum validity of one year in the required format. A one-off registration fee of **10EUR** payable must be paid to *Malta Rowing* upon presentation of a *Rower* Registration form. Furthermore, *Malta Rowing* reserves the right to require competitors in any regatta/competition organised by *Malta Rowing* to submit a medical certificate with a maximum validity of one year in the required format approved by the Executive Board to be allowed to compete.

A1.2.5 A *Rower* who is registered with a club and knowingly registers as a "*Rower*" with another club affiliated with *Malta Rowing* will be immediately suspended until their case decided by a Disciplinary Board.

A1.2.6 A member 'Club' that is aware of any deficiency regarding the registration of a *Rower*, is under a duty to inform that 'Club' as well as the Registrar of *Malta Rowing*.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

Article A1.3 – Duration of Registration

A1.3.1 The standard duration of a first registration of *Rowers* through a *Malta Rowing* club, irrespective of their age, shall be six (6) years from the date of signing.

A1.3.2 Once the first registration period expires, the standard duration of registration of *Rowers through* a *Malta Rowing* club, irrespective of their age, shall be four (4) years from the date of signing.

A1.3.3 It shall also be possible for rowers to sign shorter or longer contracts of registrations with their Club, with a minimum duration of one year. An additional fee of 100EUR applies for such registrations.

Article A1.4 – Temporary Deactivation of *Rowers* Registration

A1.4.1 A *Rower* may, if he/she so wishes, formally declare that he/her does not wish to remain active for a definite or indefinite period of time. This temporary deactivation of a *rower's* registration must be done by informing the Registrar of *Malta Rowing* and his/her club in writing.

A1.4.2 A Club has the right to declare that one or more of its *Rowers* are no longer active. This temporary deactivation of a *rower's* registration must be done by informing the Registrar of *Malta Rowing* and the respective rower/s in writing.

A1.4.3 *Rowers* who have been declared inactive may, in agreement with their home club, declare that they wish to be considered again as an active *Rower* who can compete. This reactivation of *rower's* registration must be done by informing the Registrar of *Malta Rowing* in writing. This request may be filed by the rower or the club.

Article A1.5 – Suspension of *Rowers* following Disciplinary Actions

A1.5.1 A *Rower* may be suspended following disciplinary proceedings with the consequence that the rower would not be allowed to compete in competitions or regattas organized by *Malta Rowing*, *World Rowing* and other entities recognised my the Maltese Olympic Committee or the Malta Paralympic Committee during the suspension period.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

A1.5.2 Any suspension of a rower following Disciplinary Actions must be communicated to the rower in writing within a reasonable time from when the suspension is issued.

Article A1.6 – Termination of *Rower* Registration

A1.6.1 The registration of a *Rower* with his/her club will be considered as terminated once the period of registration expires. Upon such termination of registration, *Rowers* are considered as "free release" and they shall be free to register with any other club.

A1.6.2 A *Rower* may request termination of their registration contract with their home club on any of the following grounds:

a. By mutual agreement with the club;

b. Breach of contract by the club, including but not limited to mistreatment, harassment, or withholding of participation without justified reason;

c. Prolonged injury, illness, or other personal circumstances that make continued participation impossible or unreasonable;

d. Closure or dissolution of the club.

A1.6.3 The home club may terminate a *Rower*'s registration contract on any of the following grounds:

a. Mutual agreement between the rower and the club;

b. Serious disciplinary breach or repeated misconduct by the rower;

c. Breach of obligations by the rower as set out in the club's statute, code of conduct, or regulations;

d. Non-participation in club training or competitions for a continuous period exceeding twelve (12) months without valid justification;

e. Closure or dissolution of the club.

A1.6.4 Termination shall only be effective upon written notice using the official "Rower Release Form" which must normally be received by the Registrar of *Malta Rowing* within ten working days.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

A1.6.5 The "Rower Release Form" should always be submitted to the Registrar of *Malta Rowing* by the Secretary of one of the member clubs.

A1.6.5 Upon termination of registration *via* the "Rower Release Form" the rower shall be considered as "free release" and be free to register with any other club.

A1.6.6 In exceptional circumstances, a rower may request the intervention of the *Malta Rowing* to be released from the club they are registered with.

Article A1.7 – Provisions on Competitions

A1.7.1 *Rowers* should participate in regattas and other competitions whenever asked to do so by their Club if and only if there are no contraindications from a medical perspective. It is thus the responsibility of *Rowers* to maintain a satisfactory level of personal fitness and conditioning in accordance with the club's expectations, to attend scheduled training sessions and participate in competitions when asked to do so by their Club. It is also the responsibility of *Rowers* to undergo regular health screening to ensure that they are in a good state of health as required by a competitive athlete.

A1.7.2 A *Rower* may not participate in rowing competitions on behalf of their Club, whether official or unofficial, unless authorised by them.

A1.7.3 Any *Rower* in a good state of health who, without valid reason, fails to represent *Malta Rowing* and/or the Club to which he/she is registered for a competition after having agreed to do so, may be reported by their club and/or *Malta Rowing* to the Disciplinary Board and, if found guilty, may be given a fine not exceeding 500EUR.

Article A1.8 – *Rowers* on Loan

A1.8.1 A *Rower* who is registered with a member club must always request the consent of his/her home club before rowing with another club. This also applies to training.

A1.8.2 No member club of *Malta Rowing* may use the services of a *Rower* for a competition if the *Rower* is registered with another club unless the *Rower* is

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

given permission by their home club to do so. This normally requires the presentation of a duly signed official loan form. Any *Rower* and/or club that violates this regulation may be subject to disciplinary action.

A1.8.3 A loan form must normally be received by the Registrar of *Malta Rowing* within ten working days accompanied by a loan fee as set by the Executive Board.

Article A1.9 – Special Provisions for Under 18 Rowers

A1.9.1 Registration of *Rowers* under the age of eighteen may only be made with the consent of the parent(s) or legal guardian(s). The signature and ID Card number of the parent(s) or legal guardian must be verified by a member of the committee with whom the rower is registering. Such member must sign as a witness to authenticity of the signature of the parent(s) or legal guardian.

Article A1.10 – National Team Rowers

A1.10.1 *Malta Rowing* has the right and obligation to select an athlete to be part of a "national team" with the intention to eventually have such rowers to represent it in rowing competitions held both in Malta.

A1.10.2 A rower needs the consent of the Club with which the rower is registered to be part of a "national team, which consent shall only be withheld or withdrawn in exceptional circumstances.

A1.10.3 Rowers who are selected to be part of the "national team" may be required by *Malta Rowing* to undergo specialised training which is over and above that of the Club.

A1.10.4 Rowers who are selected to be part of a "national team" will be required to compete using the official gear approved by *Malta Rowing*. Such athletes may also be required to wear gear provided by *Malta Rowing* during national team training.

A1.10.5 No athlete may self-declare to be part of a "national team" unless authorised to do so in writing by *Malta Rowing*.

A1.10.6 Clubs are entitled to, and encouraged to, compete as "clubs" in international competitions which are open to Clubs. Athletes who compete in

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer

such competitions are required to do so using club gear and colours and may not style themselves as being part of an official national team representing *Malta Rowing*. The same applies to national and international competitions where athletes may register as individual athletes (e.g. indoor rowing championships).

Article A1.11 – Other Provisions

A1.11.1 Soft copies of registration, loan, or release documents may be sent to the Registrar via email by the Club Secretary or President. Such electronic copies are normally accepted in lieu of the original hard copy, which should be retained by the Club. However, the Registrar reserves the right to verify the authenticity of electronic copies against the originals kept by the Clubs.

A1.11.2 *Rowers* may register with other clubs to practice and/or compete in other forms of sport which does not fall under the auspices of *World Rowing* (e.g. football, canoeing, dragon boat racing, sailing, traditional rowing (*"regatta"*), etc.). As a matter of courtesy, it is recommended, albeit not mandatory, that *rowers* inform their home club before signing such registrations.

Prof. Joseph-Noel Grima Delia
12075M
President

Mr Luke Frendo
0255993M
Secretary General

Mr Steve Said
0381096M
Treasurer